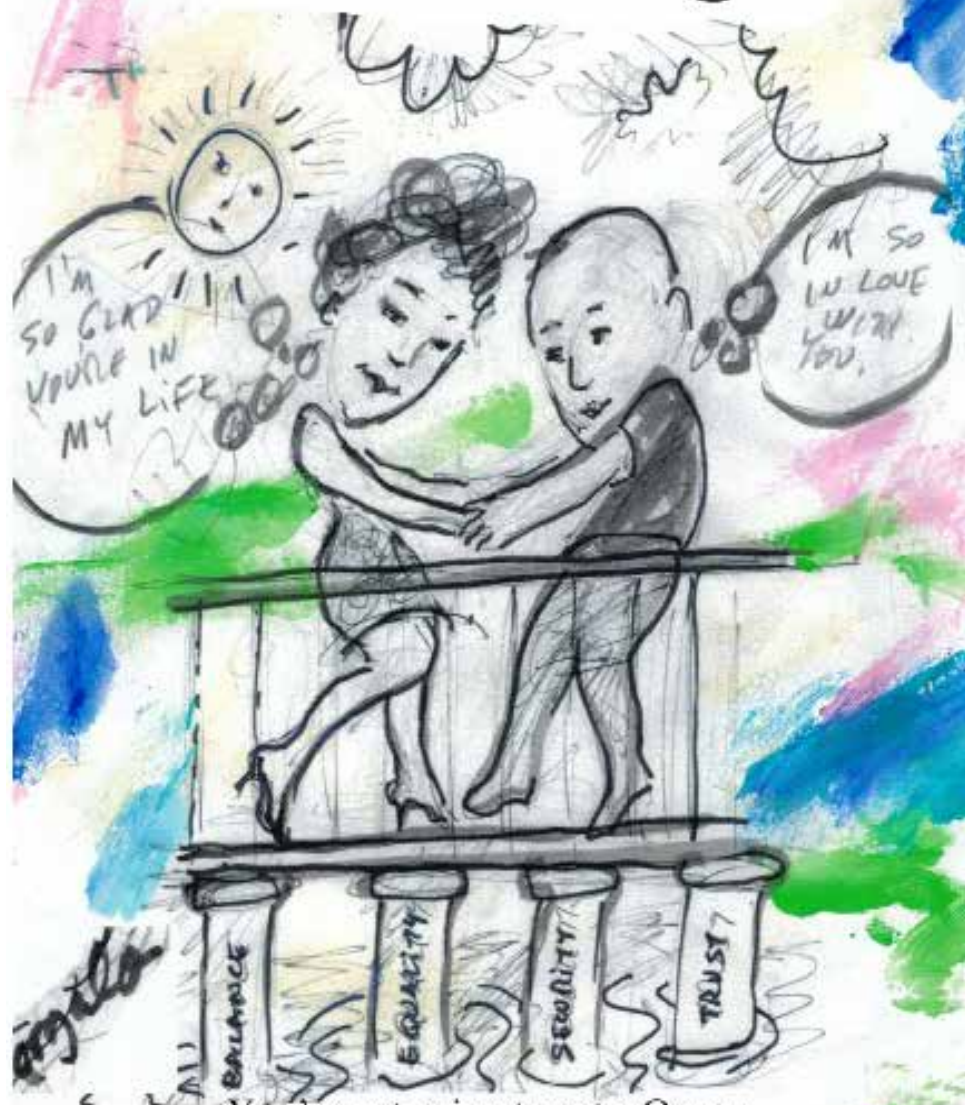


You're Right, I'm Wrong



You're not going to get a Queen
unless you act like a King.

Jeff Marinelli

You're Right, I'm Wrong

Because a healthy partnership full of
love does not come by chance

WHY BUY THE BOOK

Are you clueless about making your partner happy or wonder what they're thinking? Have no idea why they get so mad over those little things, to the point that you think, there's no way I'll ever make you happy... so why even try?

Here's a quick test: You pissed your partner off, and they go into the bedroom and lock the door. What should you do?

- A. Leave them alone to cool off or
- B. Knock on the door and apologize.

If you selected A, then get this book.

The answer is B. Knock on the door and apologize. But you weren't wrong! Why are you apologizing when you're sure you're right! The answer's easy: you're apologizing for not being on the same page with your partner. If you don't apologize, you will live in misery in your own house. Apologize so you and your partner can start talking again. Understanding again. And getting on with a happy life and partnership. This book is all about living a fun and happy life.

You will discover your four needs for happiness. You will also learn about your partner's four needs for happiness. You'll learn about how relationships go bad through four mistakes, four stages your partner will go through, and four lessons you were never taught. And after your eyes are open, you'll be ready for 16 daily tools to repair four pillars crucial to a healthy relationship.

The advice and insight in this book can help singles approach new relationships in ways that will keep friends happy. Isn't it time to skip all the silly games that just get in the way? Whether you feel that a current relationship could use improvement or you're starting fresh, this book was designed to fix your approach to relationships.

YOU'RE RIGHT, I'M WRONG

This book is all about having a great partnership. It takes a unique approach to your relationship. Part 1 starts by helping you understand how your partnership got so bad. It allows you to step back and connect with similarities in your partnership. The goal is to help you understand how you have unknowingly created problems so you can get on a path to fixing them.

Part 2 helps you to understand why your partnership went bad. This is where you begin to see what caused the disconnections. You'll begin to see your actions in a new way, shining a light on how they affect your partner. Once you understand the how and why you are halfway to fixing your partnership. Part 3 is the most important, because it's about resetting the relationship. It has a step-by-step approach to fixing your partnership and sixteen tools needed to do so. When reading the book, you will understand what needs to be repaired in your partnership and, more important, which tools will fix it. After you have read this book, I strongly recommend that you download the workbook. You'll get sixteen more tools plus a bonus chapter about complex "baggage" items. This is the master's class.

This book was carefully written to apply to all genders and partnerships. Other than the images, this book is not specific to any gender. When you read the book, you will see the role you play in the book. You will learn about the daily issues affecting your partnership that you never even knew were issues. Later on in this book, you will see how it all ties together and, more importantly, how each partner is dependent on the other for a healthy partnership.

Copyright © 2022 Jeff Marinelli All rights reserved.

You're Right, I'm Wrong - U.S. Patent and Trademark serial number 90732922 I'm Wrong, You're Right - U.S. Patent and Trademark serial number 90736412

Published by Art and Living, Los Angeles, California www.artandliving.com
Printed in the United States of America

ISBN: 978-1-66782-736-0

In no way is it legal to reproduce, duplicate or transmit any part of this document in either electronic or in printed format. Recording this publication is strictly prohibited, and any storage of this document is not allowed without written permission from the publisher. All rights are reserved.

This book is copyright protected. This is for personal use only. No one shall amend, distribute, sell, use a quote or paraphrase any part of the content within this book without the consent of the author or copyright owner. Legal action will be pursued if this is breached.

The publisher and the author provide this book and its contents on an “as is” basis and make no representations or warranties of any kind concerning this book or its contents. The publisher and the author disclaim all such representations and warranties, including but not limited to warranties of healthcare for a particular purpose. In addition, the publisher and the author assume no responsibility for errors, inaccuracies, omissions, or any other inconsistencies herein.

The content of this book is for informational purposes only and is not intended to diagnose, treat, cure, or prevent any condition or disease. You understand that this book is not intended as a substitute for consultation with a licensed practitioner. Please consult with your physician or healthcare specialist regarding the suggestions and recommendations made in this book. The use of this book implies your acceptance of this disclaimer.

The publisher and the author make no guarantees concerning the level of success you may experience by following the advice and strategies contained in this book. You accept the risk that results will differ for each individual. The testimonials and examples provided in this book show exceptional results, which may not apply to the average reader. They are not intended to represent or guarantee that you will achieve the same or similar results.

Contents

About the Author	11	CHAPTER 6: Your Partner's Needs to Be Happy	93
About the Artist	13	Need/Pillar 1: Balance	97
PART 1: HOW AND WHY YOU GOT HERE	15	Need/Pillar 2: Equality	101
CHAPTER 1:Let's Get Real	17	Need/Pillar 3: Security	105
CHAPTER 2:Four Mistakes – Four Solutions	21	Need/Pillar 4: Trust	109
Mistake 1: Neglecting or Ignoring Your Partner	25	PART 3:RESET TO GET YOUR PARTNERSHIP BACK	113
Mistake 2: An Attitude of Entitlement	31	CHAPTER 7: Daily Tools for Relationship Balance	115
Mistake 3: Setting False Expectations	35	Balancing Friendships	119
Mistake 4: Telling Lies and Keeping Secrets	41	Managing Habits	125
CHAPTER 3:Four Stages of Relationship Decline	45	Checking Hobbies & Sports	131
Stage 1: Adjusting	51	Balancing Work	137
Stage 2: Selfishness	53	CHAPTER 8: Daily Tools for Relationship Equality	143
Stage 3: Disrespect	55	Reducing Arguments	145
Stage 4: Incompatibility	57	Bridging Beliefs	151
PART 2:RELATIONSHIP BASICS YOU NEED	59	Showing Appreciation	157
CHAPTER 4: Four Skills for a Happy Relationship	61	Sharing Responsibilities	163
Skill 1: Ask the Question	65	CHAPTER 9: Daily Tools for Relationship Security	169
Skill 2: Make Good Choices	67	Feeling Loved	171
Skill 3: Compromise	69	Slaying Stress	175
Skill 4: Communicate	71	Taming Temper	181
CHAPTER 5: Your Needs to Be Happy	73	Managing Weight	187
Need 1: What I LIKE	77	CHAPTER 10:Daily Tools for Relationship Trust	193
Need 2: What I Don't Like	81	Keeping Boundaries	195
Need 3: What I Suck At	85	Living the Lifestyle	201
Need 4: What I Hate	89	Stop Second Guessing	207
		Wary of White Lies	213
		The Ultimate Solution: You're Right, I'm Wrong	219
		BONUS	222
		DEDICATION AND GRATITUDE	226
		TESTIMONY	227



About the Author

Jeff Marinelli ...

Jeff Marinelli is an author who has Hope, publisher, philanthropist, entrepreneur, and best friend to anyone who's working to build a better partnership. He's the first to tell you that he's not a psychologist. He's learned from deep experience in personal and professional settings and now shares that insight in *You're Right, I'm Wrong*. As founder/publisher of *Art and Living Magazine*, Jeff has connected audiences and creators who have enriched life since 2005. As a partner to a CEO, Jeff has lived with a partner who has lived a stressful corporate life and has shown that he knows how a partnership can be tested and come out stronger.



About the Artist

Gonzalo Duran...

Gonzalo Duran is an Angeleno artist with an international following. Born in Mexico, he emigrated to the U.S. as a child and grew up in East L.A. before attending Otis Art Institute and Chouinard Art School. He has been called the Marc Chagall of the North and Central Americas. His brilliant, sometimes startling palette complements his unbounded imagination. He runs the Mosaic Tile House with his wife, artist Cheri Pann, from their Venice, California, home.

Gonzalo was the perfect artist for this book because he lives what is written in this book. As he knows, if his partner is happy, then he's happy. Gonzalo tells the visual story of the book through his artworks, and his works are a gift for the reader.

HOW DID IT GET SO BAD



PART 1:

**HOW AND WHY
YOU GOT HERE**

LET'S GET REAL



CHAPTER 1: Let's Get Real

It's not your partner's job to make you happy. Happiness is an inside job. You're a great partner, right? Of course you are. So why do you need this book?

Let's be honest. ARE you as great a partner as you could be? Or have you been a little clueless about what makes your partner happy, what they're thinking of, or why they get so mad over what seem to you like little things? Does that fairytale life you started out with now feel like a difficult, complicated, endless, thankless job?

The reality is that most of us went into our partnerships without much of an idea about what makes our partner happy. We just thought that if we worked hard to provide a great life, how could a partner be unhappy? But sometimes it feels like there's no way in hell your partner will be satisfied—ever.

Ultimately, most people just want to be happy together. They want to believe in compatibility and companionship. They want to have fun in an uncomplicated, work-hard-and-play-hard way.

This book is about getting that great life with your partner without all the extra crap. It's about remembering how to be the person your partner fell in love with, so your partner can experience that feeling all over again.

To do this, you must first understand what makes a relationship work. This book will walk you safely through that minefield so that you can have a partnership that's great in all the best ways: strongly connected, sharing in fun and honesty, and—of course—full of love.

This book will help you be someone who deserves a partner who satisfies your needs—and makes it easy for you to want to meet theirs. If you've lost this bond with your partner, then you need this book. If your partnership isn't in a good place or you know it could be so much better, then you need this book.

Every day with your partner, there are many moving parts. How they're dealt with is the key. Your partnership hums along on regular days, but what about the not-normal days or when unexpected issues come up?

We'll uncover critical elements that make your partner tick, so you can recognize pitfalls and trouble spots. When you see them, you can respond with care and love instead of reacting with stress. This book will guide you through making the right choices to solve issues and communicate effectively with your partner. It's complicated but not impossible. I'll show you the how and why.

I often hear couples say, "Oh, we argue a little here and there, but what couples don't? How can this book possibly help me?" As you read it, you'll understand.

Remembering to Practice What Works

I'm no psychologist. I'm just a guy who's learned through practical life experience over many years how to build a strong partnership. I've shared this simple advice with friends who found it useful. Now I share it with you.

This book isn't a theoretical introspection. It's a practical, easy read with everyday examples taken from real life. It's a path anyone can travel to get a relationship back on track. So many of the experiences described in this book will be reminders of what you already know—but have forgotten to put into practice. Or reminders of what you know in some part of you that, for one reason or another, has fallen just out of reach.

You may have heard the following story told by anthropologist Loren Eiseley. It's a perfect analogy for why I wrote this book:

Early one morning, an old man was walking along the shore after a big storm had passed and found the vast beach littered with starfish, stretching in both directions as far as the eye could see. Off in the distance, the old man noticed a small boy approaching. As the boy walked along the beach, he paused every so often, bending down to pick up an object to throw it into the sea. As the boy came closer, the man called out, "Good morning! May I ask what it is that you are doing?"

The young boy looked up and replied, "Throwing starfish into the ocean. The tide has washed them up onto the beach, and they can't return to the sea by themselves. When the sun gets high, they will die unless I throw them back into the water."

The old man replied, "But there must be tens of thousands of starfishes on this beach. I'm afraid you won't be able to make much of a difference."

The boy bent down, picked up yet another starfish and threw it as far as he could into the ocean. Then he turned, smiled, and said, "It made a difference to that one!"

You Have the Power

You're Right, I'm Wrong starts with the idea that you have the power to take the lead in relationship repair. Yes, a relationship takes two, but the positive power of one person's actions can make all the difference. It's too easy to blame relationship problems on the other person. It's too easy to sit back and wait for them to change when you have more power than you realize to get things back on track.

Begin with the belief that you are the rock in the relationship. In my own life, I follow the wise adage, "happy wife, happy life." I'm married to a woman who's been a CEO and strives for results. She is precise about her expectations, both at work and home. I've learned and mastered how to make sure her needs are met first. Then, and only then, can I focus on my work, hobbies—and this book—without having to worry about our relationship, too. I joke that my job in life is to make sure my wife is not stressed. But I assure you that when she's not stressed, neither am I.

As you read this, keep an open mind. Focus on what relates to you. Put the ideas into practice. You will see your relationship change for the better.

This book isn't just for people in established relationships. It can help singles approach new relationships in ways that will keep friends happy. Isn't it time to skip all the silly games that just get in the way? Whether you feel that a current relationship could use improvement or you're starting fresh, this book was designed to fix your approach to relationships. Don't you deserve a shot at the best possible life with your partner?

CHAPTER 2:

Four Mistakes – Four Solutions

Relationships don't fail because of one big fight.
They die a little bit each day when we're not paying attention

Relationships don't fail because of one big blowout. They die a little bit each day when we're not paying attention. I've identified four mistakes that, day by day, may seem like no big deal. But the damage over time can pile up to devastate a partnership.

Here's an overview of each mistake before we dive deeper:

Mistake 1. Neglecting and Ignoring Your Partner

This happens more often than most people are aware of or like to admit. Neglecting your partner starts subtly until it becomes dangerous, casually forgetting that your partner needs companionship, communication, intimacy, love, and your presence.

What does it look like? You're working long days and weekends, and your partner says, "Let's go out for dinner." You say you're exhausted and just want to relax. Then your friend calls and says they have two tickets to a game. You tell your partner you need to unwind, so you're going to go to the game. This is you neglecting your partner's need to be with you.

Mistake 2. An Attitude of Entitlement

Do you feel you're entitled to special treatment or exempt from certain responsibilities? Do the rules apply to everyone but you?

An attitude of entitlement may be a competitive advantage in some arenas, but it can kill a strong bond with your partner.

What does it look like? Your partner picks up the groceries, makes dinner, cleans the dishes, and asks you to take out the trash. But you forget. You have other stuff to do. You're busy (watching TV, going for a run, talking to friends, checking your social media feeds). Can't someone else do it? That's entitlement. Can you see why this is a real problem?

Mistake 3. Setting False Expectations

Setting expectations that then fall through can only make your partner feel frustrated and forgotten. It's a way of lying to yourself about what you're really willing to do or be in the relationship. If you're consistently unreliable, why should your partner ever trust what you say?

What does it look like? You say, "I'll be home in an hour" and show up three hours later. Whether the excuse (and we know you've got one) is legit or lame, you've still set an expectation and then broken it. Or you say, "I'll paint the kids' room this weekend," and six months later the paint cans are still sitting in the garage. This isn't a partnership; you're turned into a bad roommate.

Mistake 4. Telling Lies and Keeping Secrets

White lies and little secrets are poison to healthy relationships. Why are they such a big deal with your partner? Because your partner believes in you. They should be the only ones you need to be completely honest with and share everything. (Even the courts think so, since in many states you are free from ever testifying against your partner.) Lies and secrets are a big deal, because it opens up that wedge of doubt that fuels suspicion and fear. How many other lies or secrets have you been keeping? Are they piling up, leading to a crisis? At the heart of this worry is a partner's fear that the person they love has turned into someone they don't even know anymore.

What does it look like? A family member keeps asking you for money, and you and your partner agree you can't afford to give him any. Then you get a call one day, and it's that family member hitting you up just one last time. It's not much money, so no big deal, right? You give in, but you don't tell your partner. A few weeks go by, your partner finds out, and they lose it.

Now, let's explore the true complexities and impact of these four mistakes and how they affect your partnership. This is the rollercoaster of a partnership, and you'll see why these mistakes can cause such hard drops.

I'M Wrong, You're Right



Insanity is doing the same thing over and over and expecting different results.

- Albert Einstein.